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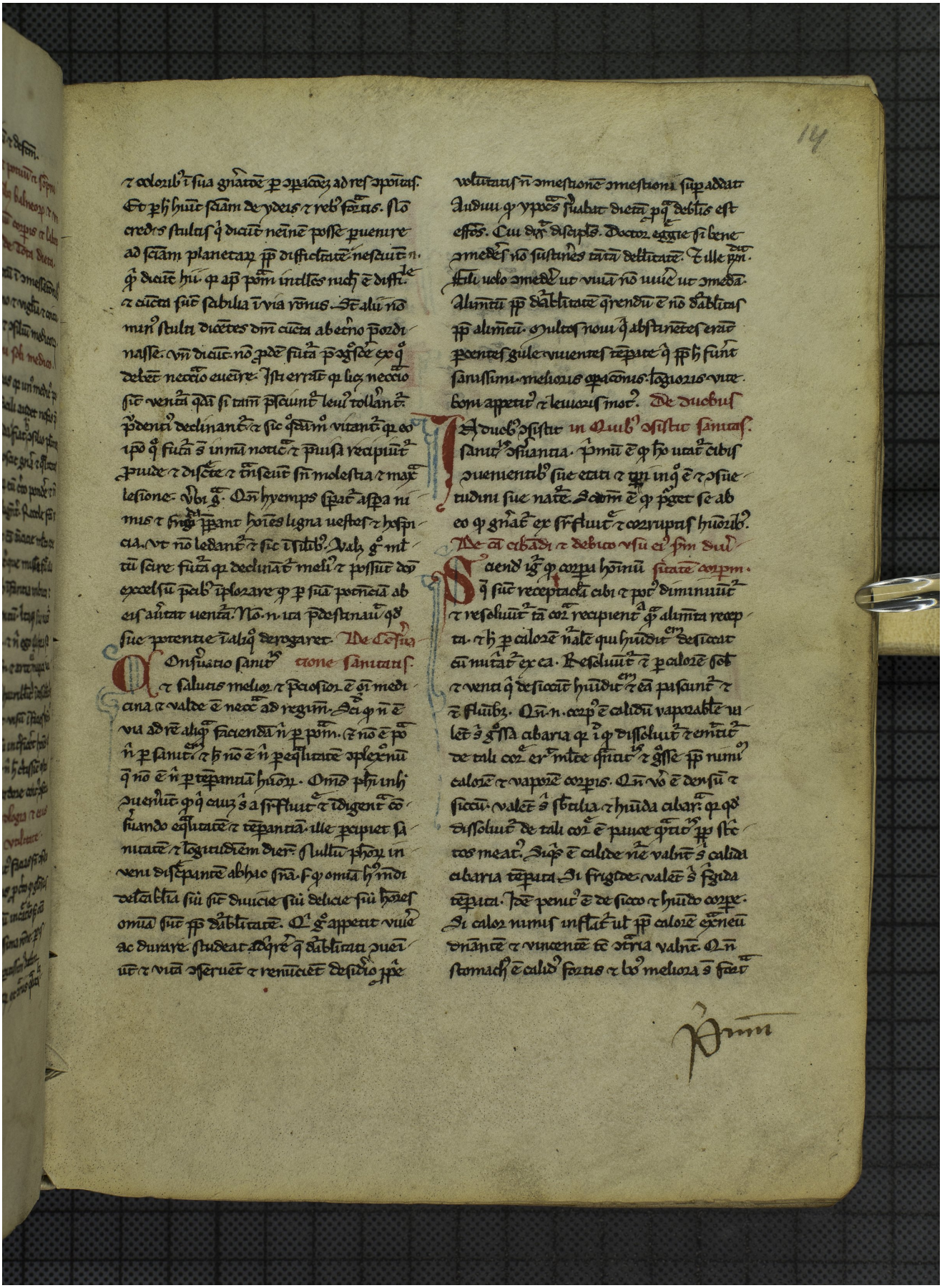

14

r colorib' r sua gnatē p qualitatē ad res qrōtas.
Et ph hiūt scām de ydeis r reb' fūtis. Sed
credis stultas q dicūt neīne posse puenire
ad scām planetar ꝓ difficultatē nesciūt n.
q dicūt hi. q ap pōm inelles nuch ē diffi.le
r cūctis suē sabulis r via rōnis. Sē alii nō
min stulti dicētes dm cūcta ab eno ordi
nasse. vm dicūt nō pdē fūtā p ax sde ex q
deberet necēo euenire. Isti errāt q lic necēo
sic venīt qā si tam plaūnt leui' rollant
pdenti declinant r sic qdam vitant q eo
rpo q fūtā s in mā nocte r pnsa recpiūt
prude r discēte r tnsēūt sn molestia r max
lesione. vbi g. Qn hyemps sqat aspa ni
mis r frigis ꝓpant hoīes ligna uestes r hospi
cia. vt nō ledant r sic ī stub. Valz g mt
tū scire fūtā q declinā ē meli r possūt dō
excelsū pcb ꝓlozare q p sua pōnēā ab
eis aūtat uenīt. Nō n ita pdestinaū qd
sue pnentie ālīq derogaret. De cōsu
Onsuetio sanit' tione sanitatis.
r salutis melior r pcosior ē qī medi
cina r valde ē necē ad regim. Sed q n ē
via ad rē aliq faciendā n p pōm. r nō ē po
n p sanitē r h nō ē n pesliare ꝓplexū
q nō ē n p repantia hiōz. Omis phi inhi
quiūt q q cuiz s a sifluit r indigent eo
fuando esliare r repantia. ille pcipiet sa
nitatē r toguidiem dier. Sultu phoz in
veni disepunte abhio sna. s q omia h' mdi
detalitia sui sic dulcia sui delicia sui hōes
omia sūt ꝓ dbliare. Qi g appetit vite
ac durare studeat adhre q dbliata pueri
ut r viti oseruet r renuciet desidio ꝓpe
voluptatis n omestione omestioni supaddat
audiui q ypōes solabat dicētā pq debilis est
esos. Cui dr discipls. Doctor eggie si bene
omedes nō sustinēs tata delitiare. r ille ꝓm.
stilu uelo omedē ut vita nō uide ut omeda.
alimtū ꝓ dbliare qrendu ē nō dbliat
ꝓ alimtū. Gulos nouī q abstinētes erāt
pcentes gule viuentes repuē q ꝓ h sūt
sanissimi. melioris qpcōmis. toguozis vite
bom appetit r leuioris moē. De duobus
Ad duob' dsistit in quib' dsistit sanitas.
sanit' dsuantia. pmū ē q ho utat cibis
queniētib' sue etati r tpi in q ē r dsue
tudini sue natē. Sdm ē q pgret se ab
eo q gnat ex sfluit r corrupt hiōrib'.
De ōi cibādi r debito vsu ei fm dud
Sciend q q corpu hōinū sitate corpm.
q sūt receptacla cibi r pt diminuūt
r resoluūt ta cor recipient q alimta recep
ta. r h p calorē nāte qui hūdit ei desiccat
ei mutat ex ea. Resoluit r p calorē sol
r venti q desiccāt hūdit ei r ea pusant
r fluūtz. Qn n. corp ē calidū vaporabile u
let s gssa cibaria q i q dssoluit r emitit
de tali cor er mtte sitit r gsse ꝓ numi
calorē r vapōē corpis. Qn vo ē dersū r
siccū. valet s sbtilia r hūida cibar: q qd
dssoluit de tali cor ē pnice qrit ꝓ stre
tos meat. Sicq ē calide ne valnt s calida
cibaria repuē. Si frigide valet s frigida
repuē. Sic penū ē de sicco r hūido corpe.
Si calor nimis influit ut ꝓ calorē exneū
dnantē r vincentē te ōtria valnt. Qn
stomach ē calid fortis r lo meliora s fact