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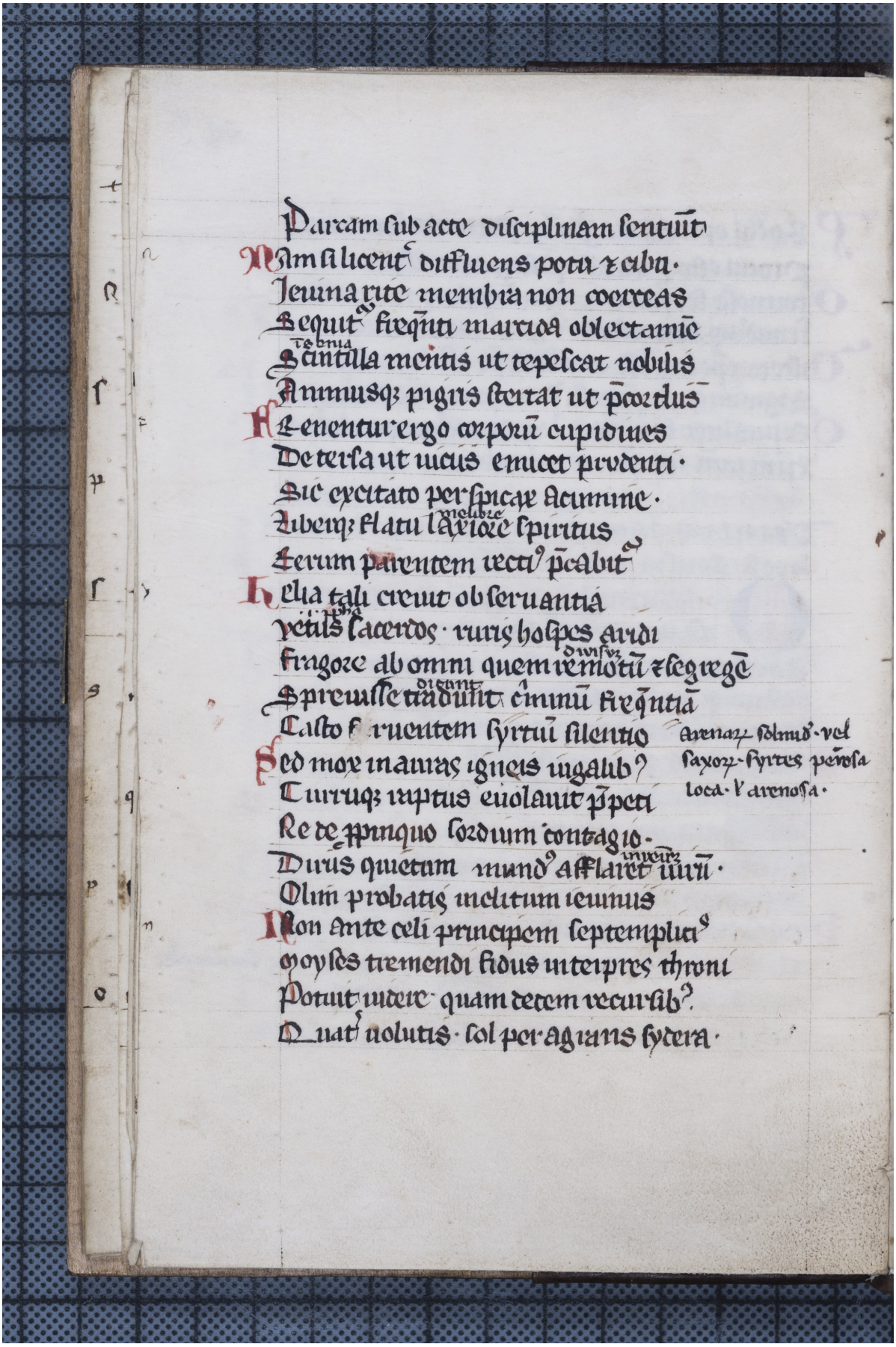

Parcam sub acte disciplinam sentiũt
Am si licent diffluens potu & cibo.
Jeuna rite membra non coerceas
Sequit᷑ frequẽti marcida oblectamĩe
Tenuia
Tenuilla mentis ut repescat nobilis
Animusq; pigris sternat ut pcordus
Heneuentur ergo corpoꝝ cupidines
De tersa ut nucis emicet prudenti.
Sic excitato per spicaꝫ acumine.
melubre
Liberq; flatu laxiore spiritus
Rerum parentem recti᷑ pcabit᷑
Helia tali creuit obseruantia
Vetus sacerdos. rurig hospes ardi
Frugore ab omni quem remotũ dumsus & legregẽ
Spreuisse dicant traduxit cimmiũ frequẽtia
Calto fruentem syrtiũ silentio arenaꝫ solmus. vel saxoꝫ syrtes pẽrosa loca. vl arenosa.
Sed mox in auras igneis iugalib?
Curruq; raptus euolauit pperi
Re de ppinquo sordium contagio.
Durus quietum mund᷑ afflauit inueiz uiri.
Olim probatiq; inclitum ieiunii
Non ante celi principem septemplici᷑
Moyses tremendi fidus interpres throni
Potuit uideri quam deum recursib?
Quat᷑ uolutis sol per agnans syderi.