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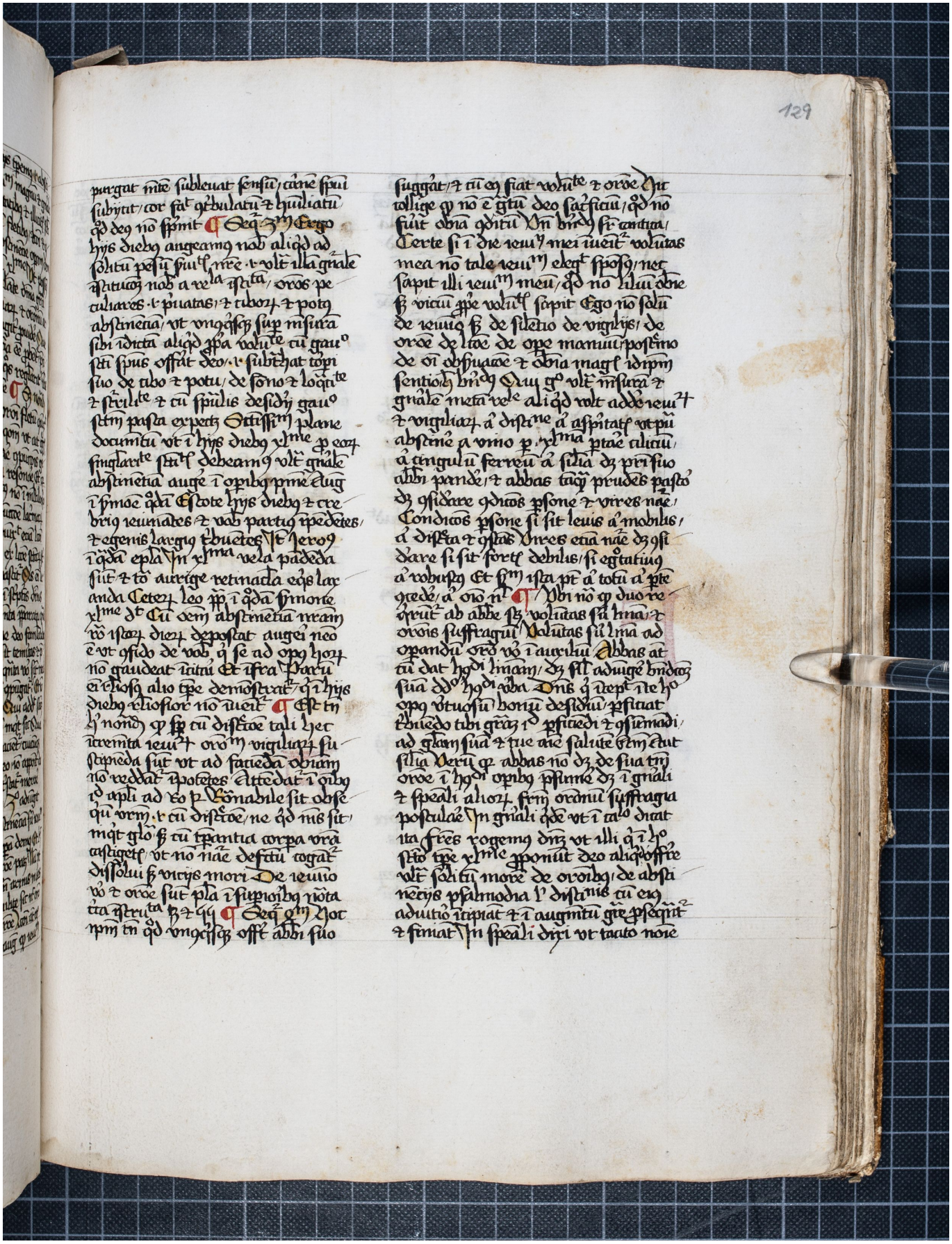

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purgat mte subleuat sensu/ carne spui
subiyat/ cor fit gtribulatu & humiliatu
qd deg no spmit ¶ Seq 3m Ego
hys diebg angeamg nob aliqd ad
solitu pstu suu mee & volte illa grate
restituog nob a re la ipsita/ oros pe
culiares & priuatas/ & cibos & potg
abstinentia/ vt vngessg sup mensura
sibi idicta aliqd ppa volute cu gau
sti spus offrat deo/ & subtrahat topi
suo de cibo & potu/ de sono & loqte
& scrilte & cu spulis desidg gau
stm pasta experts Ottissim plane
documtu vt i hys diebg xlme p eos
singlarte sta debeamg volte grate
abstinetia augere i opibg pme dug
i hmoe qda Et cote hys diebg & cre
drig reumates & vob partug ipedetes/
& egenis largig tbuetes Et Jeroy
i qda epla sn xlma vela padeda
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xlme dt Cu oem abstinetia ncam
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diebg cliosior no uiet ¶ Est tn
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no redat ipotetes Attedat i oibg
id apli ad eo p Conabile sit obse
qu orm & cu dilcoe/ ne qd ms sit/
mqt glo g cu trantia corpa vera
castigetf/ vt no nae deficu cogat
dissolui g vicys mori De reuio
vo & orce sut pla i supioibg nota
cta ytru ta g & qq ¶ Seq qm Nor
rpm tn qd vngessg offt abti suo
suggat/ & cu eq fiat volute & orce Nt
tollige q no e gtu deo sacficu/ qd no
fuit obia qditu Vn bndq sr anthia/
Certe si i die reu mei uiet volutas
mea no tale reu m eleg sponsq/ nec
sapit illi reu m meu/ qd no solu dne
g vicu ppe volut sapit Ego no solu
de reuiq g de silcio de vigliis/ de
orce de lce de ope manuu/ postmo
de oi obsuace & obia magt idrpm
sentiog bndq Qui qo volt mstica &
grate meta vele aliqd volt adde reu &
& vigliar a distne a assptat vt pu
abstne a vno p xlma ptae cultu/
a cingulu ferreu a silia dz pri suo
abti pande/ & abbas tuq prudes pasto
dz qsidere qdtos psone & vires nae/
Condtos psone si sit leuis a mobilis/
a dilcta & qstas Vnres etia nae dz qsi
dare si sit fortt debilis/ si eqtutiug
a robusq Et sm ista pt a totu a pte
gredi/ a oro nt ¶ Vbi no qp duo re
qrut ad abbe g voluntas sua lma/ &
orois suffragui Voluntas sui lma ad
operandu oro vo i auriliu Abbas at
tu dat hodi lmam/ dz sit adiuge bndog
sua dd hodi aba Dns q dept te ho
opg vtuosu bonu desiduu/ psiuat
tbuedo tibi greg i pfiuedi & qsiemadi/
ad glam sua & tue aie salute sem Et ut
silia Veru qp abbas no dz de sua tm
orce i hodi opibg psimie dz i gnali
& speali alios sem ordnu suffragia
postulae sn gnali qde vt i talo dicat
ita fres rogemg dnz vt illi q i ho
stio tpe xlme ponit deo aliqd offre
volt soliti more de oroibg/ de absti
nentys psalmodia l distnis tu eq
adutio itriat & i augmtu gie psequt
& finiat sn speali dici vt tacto nore