Salzburg, 1474-1476



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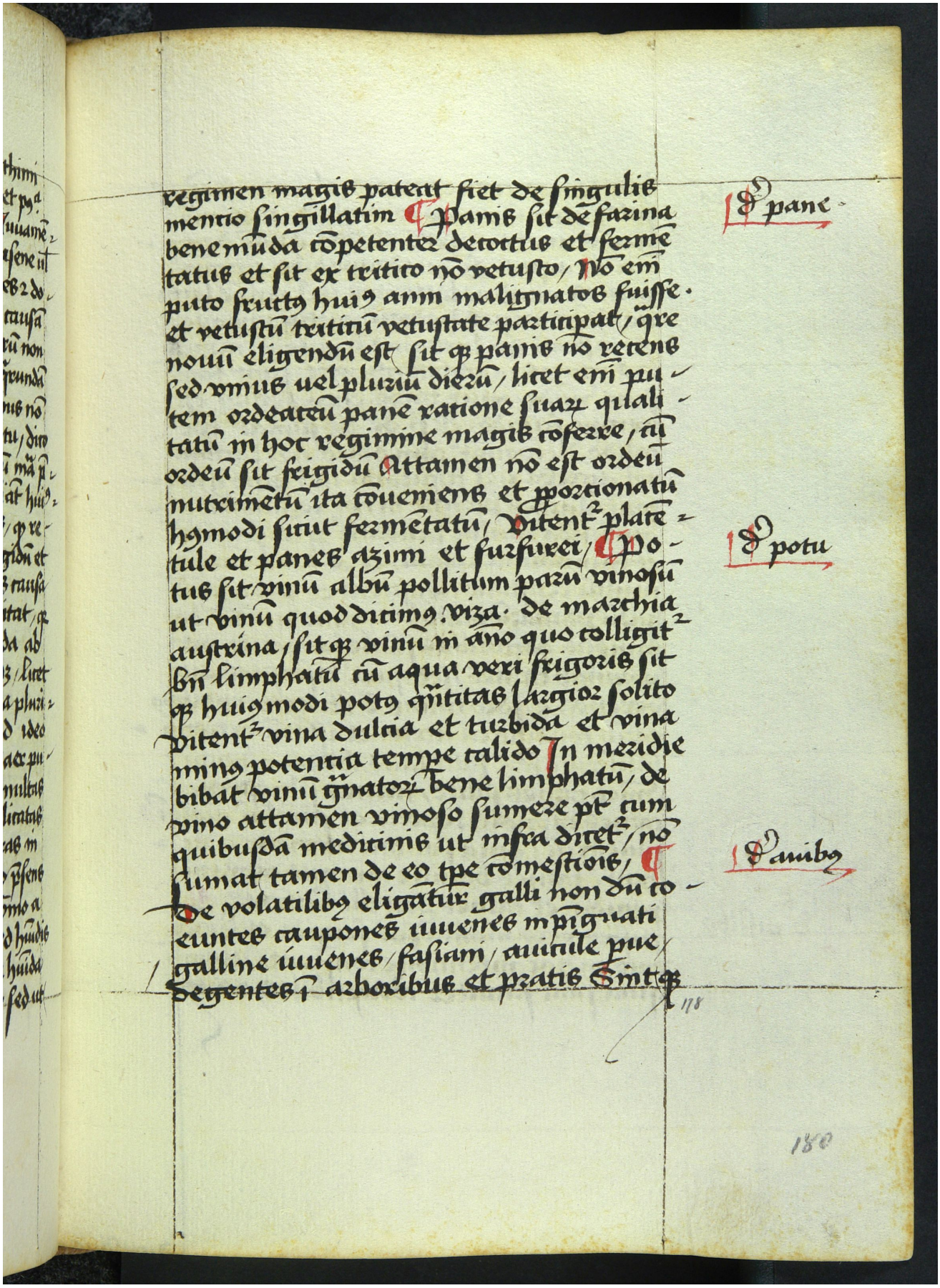

regimen magis pateat fiet de singulis
mentio singillatim ¶ Panis sit de farina
bene munda competenter decorticis et fermē
tatus et sit ex tritico nō vetusto / nō em
puto fructū huius anni maligniatos fuisse.
et vetustū tritici vetustate participat / qre
nouū eligendū est sit q̄ panis nō retens
sed vnius uel pluriū dierū / licet emi pu
tem ordeatēū panē ratione suaū qualī
tatū in hoc regimine magis cōferre / cū
ordeū sit frigidū ¶ attamen nō est ordeū
nutrimētū ita cōueniens et portionatū
hūmodi sicut fermētatū / Vitent² plate
tule et panes azimi et furfurei / ¶ Po
tus sit vinū albū pollitum pauū vinosū
ut vinū quod ditimus viza. de marchia
austrina / sit q̄ vinū in āno quo colligit²
bn limphatū cū aqua veri frigoris sit
q̄ huiusmodi potus q̄ntitas largior solito
vitent² vina dulcia et turbida et vina
minus potentia tempe calido In meridie
bibat vinū grnatoz bene limphatū / de
vino attamen vinoso sumēte pt cum
quibusda meditimus ut infra dicet² / no
tumat tamen de eo tpe cōmestionis / ¶
De volatilibus eligatur galli non du co
euntes caponēs iuuenes mpinguati
galline iuuenes / fasiani / auicule pue
degentes / arboribus et pratis Sint q̄

¶ De pane

¶ De potu

¶ De auibus

118

180