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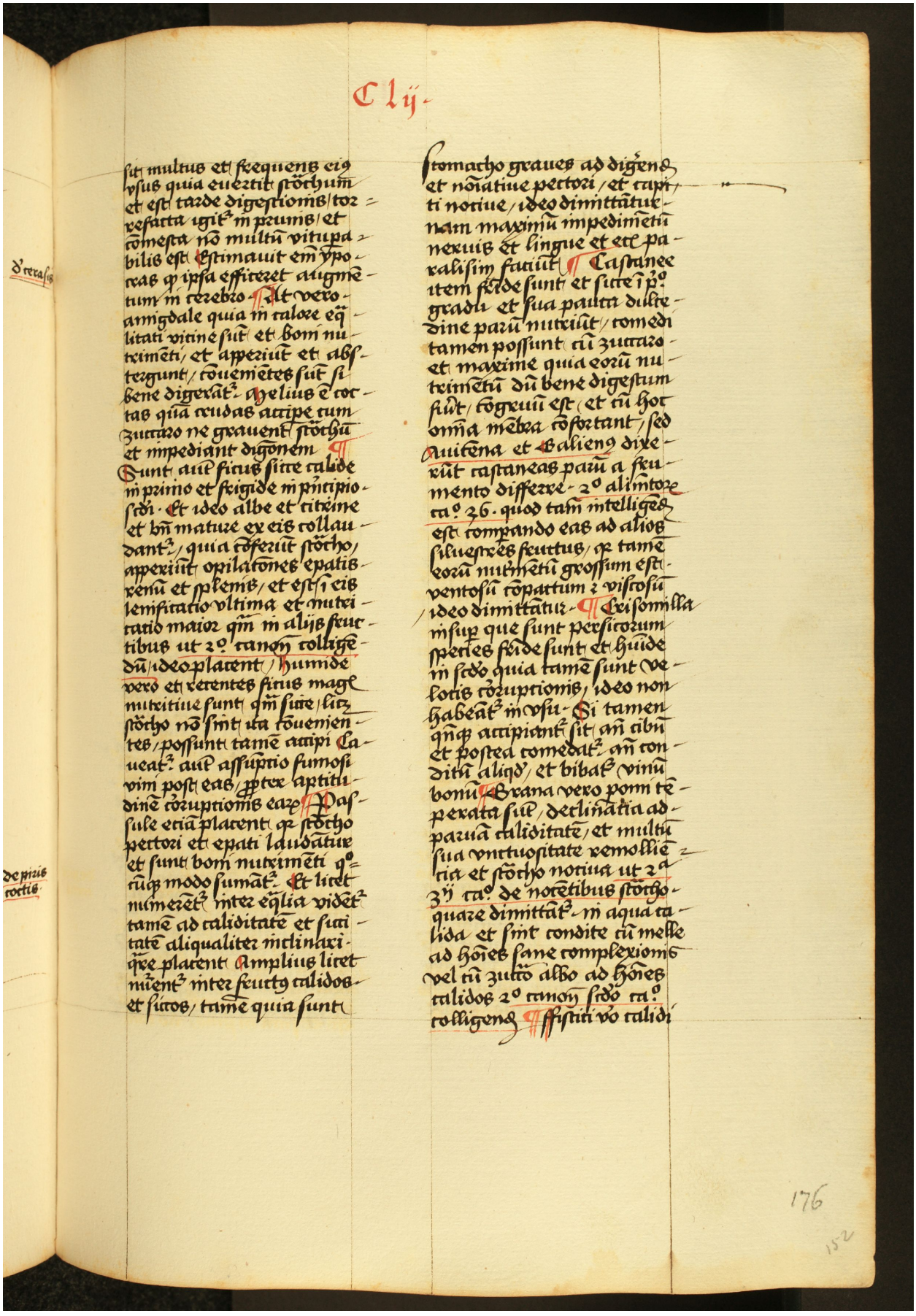

Clij.

sit multus et frequens eius
vsus quia euertit stomachum
et est tarde digestionis/tor-
refactu ingit m pcumis/et
comesta nō multū vitupa-
bilis est/Estimauit em ypo-
cras q ipsa efficeret augme-
tum m cerebro/Alt vero
amigdale quia m calore eq̄
litati vicine sūt et bom nu-
trimēti/et apperiūt et abs-
tergunt/couenientes sūt si
bene digerāt/Avelius e cor-
tas quia crudas accipe tum
zucharo ne grauent stomachū
et impediant digestionem ¶
Sunt aut ficus sicce calide
m primo et frigide m pncipio
sicci/Et ideo albe et citrine
et bn matue ex eis collau-
dant/quia cōferūt stomacho/
aperiūt opilationes epatis
renū et splenis/et est ci eis
lenificatio vltima et nutri-
tiuū maior q̄m m aliis fruc-
tibus ut 2o rationi colligē-
di/ideo placent/Humide
vero et cerentes ficus magis
nutritiue sunt q̄m sicce/licz
stomacho nō sint ita conuenien-
tes/possunt tamē accipi Ca-
ueat aut assuptio fumosi
vini post eas/pter aptitu-
dinē cōruptionis eaz ¶ Pas-
sule etiā placent/et stomacho
pectori et epati laudātur
et sunt bom nutrimēti q°
cuiq modo sumāt/Et licet
nimis edāt inter edlia videt
tamē ad caliditatē et sui-
tatē aliqualiter inclinari-
q̄re placent/Amplius licet
nocent inter fructa calidos
et sicos/tamē quia sunt
stomacho graues ad digen
et nōiatiue pectori/et cupi-
ti notiue/ideo dimittātur
nam maximū impedimētū
neruis et lingue et etc pa-
ralisim facit ¶ Castanee
item fūt sicce i 2o
gradu et sua pastā dulce-
dine parū nutriūt/tamen
tamen possunt cū zucharo
et maxime quia eorū nu-
trimētū dū bene digestum
fuit/cōgruū est/et cū hoc
omia mēbra cōfortant/sed
auicena et galienus dixe-
rūt castaneas parū a fru-
mento differre 2o alimento
ca° 36. quod tam intelliges
est compando eas ad alios
siluestres fructus/q tamē
eorū nutrimētū grossum esti-
ventosū cōpactum i vitiosū
/ideo dimittatur ¶ Cetera similia
m sup que sunt pernicioz
speciēs fūt sicce et humide
m 2o quia tamē sunt ve-
lotis cōruptionis/ideo non
habeāt m vsu ¶ Si tamen
q̄q accipiant sit an cibū
et postea comedat an con-
ditū aliq̄d/et bibat vinū
bonū ¶ Grana vero pomi te-
perata sūt/detinātia ad-
parua caliditatē/et multū
sua virtuositate remollie-
tia et stomacho notiua ut 2a
3ij ca° de noxetibus stomacho
quare dimittāt m aqua ca-
lida et sint condite cū melle
ad hoies sane complexionis
vel cū zucharo albo ad hoies
calidos 2o rationi 2o ca°
colligendi ¶ Pistitia vo calidi

176

152