Entstehungsort unbestimmt, 2. Hälfte 15. Jh. (um 1470/1475 nach Wasserzeichenbefund)

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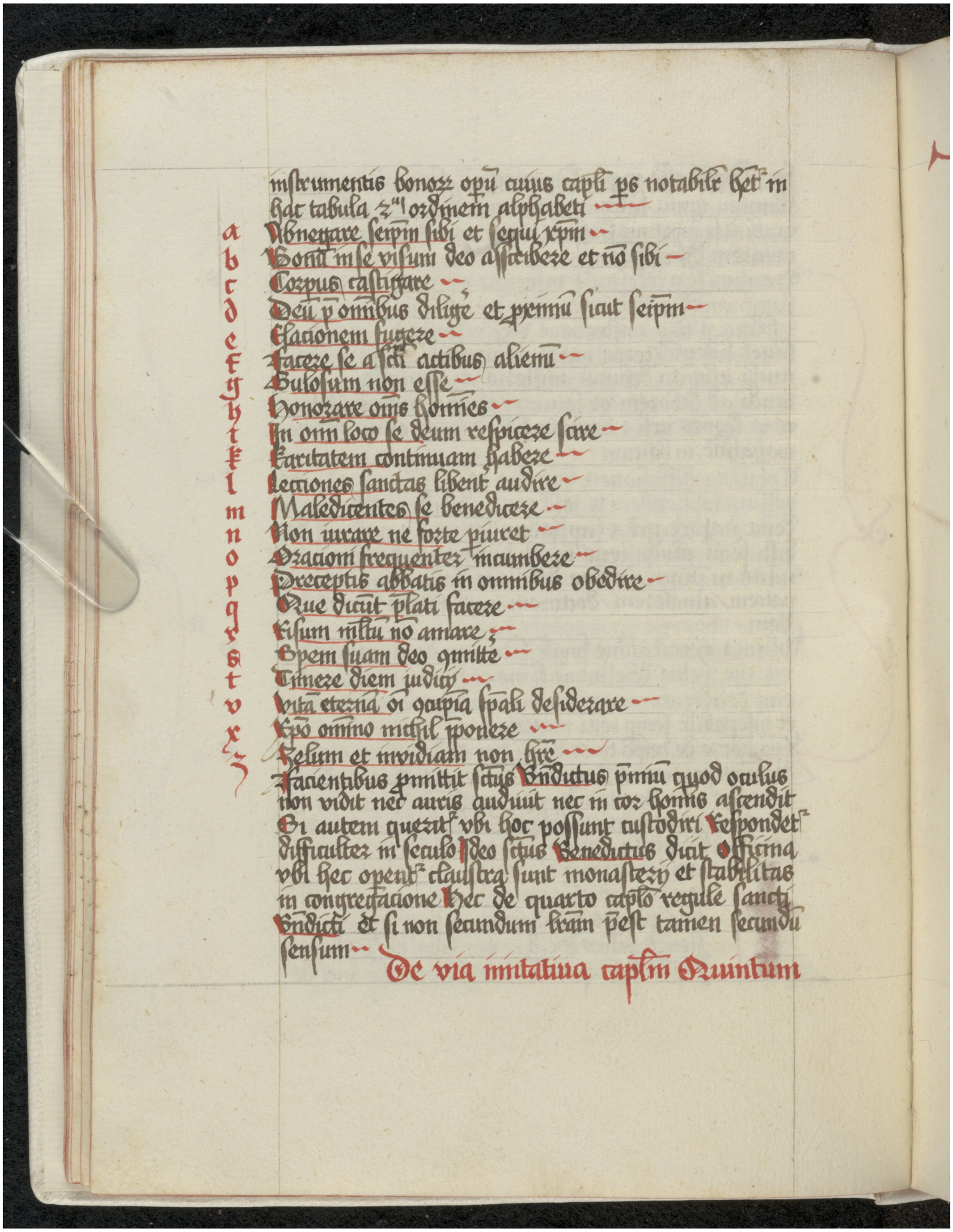

mstrumentis bonozz opū cuius capli ps notabile hēt m
hac tabula z"l ozdinem alphabeti
a Abnegare semp sibi et sequi xpm
b Bonū mse visum deo assctibere et nō sibi
c Corpus castigare
d Deū p omnibus diligē et pximū sicut seipm
e Elationem fugere
f Facere se a sctis actibus aliemū
g Gulosum non esse
h Honorare oms homines
i In omī loco se deum respicere scire
k Karitatem continuam habere
l Lectiones sanctas libent audire
m Maledicentes se benedicere
n Non iurare ne forte piuret
o Oracionē frequentez mcumbere
p Preceptis abbatis in ommibus obedire
q Que dicūt plati facere
r Risum multū no amare
s Spem suam deo ōmitte
t Timere diem iudicij
v Vitā etēnā oi gaudio spali desiderare
x Xpō omino nichil ponere
z Zelum et mvidiam non hre

Facientibus primittit sctus Benedictus primū quod oculus non vidit nec auris audiuit nec in cor hominis ascendit
Si autem quezit vbi hoc possunt custodiri Respondet
difficultez in seculo Deo sctus Benedictus dicit officina
vbi hec opent claustra sunt monastezij et stabilitas
in congregacione Hec de quarto capīlo regule sancti
Benedicti Et si non secundum literam pest tamen secundu
sensum

De via imitatiua capīm Quintum