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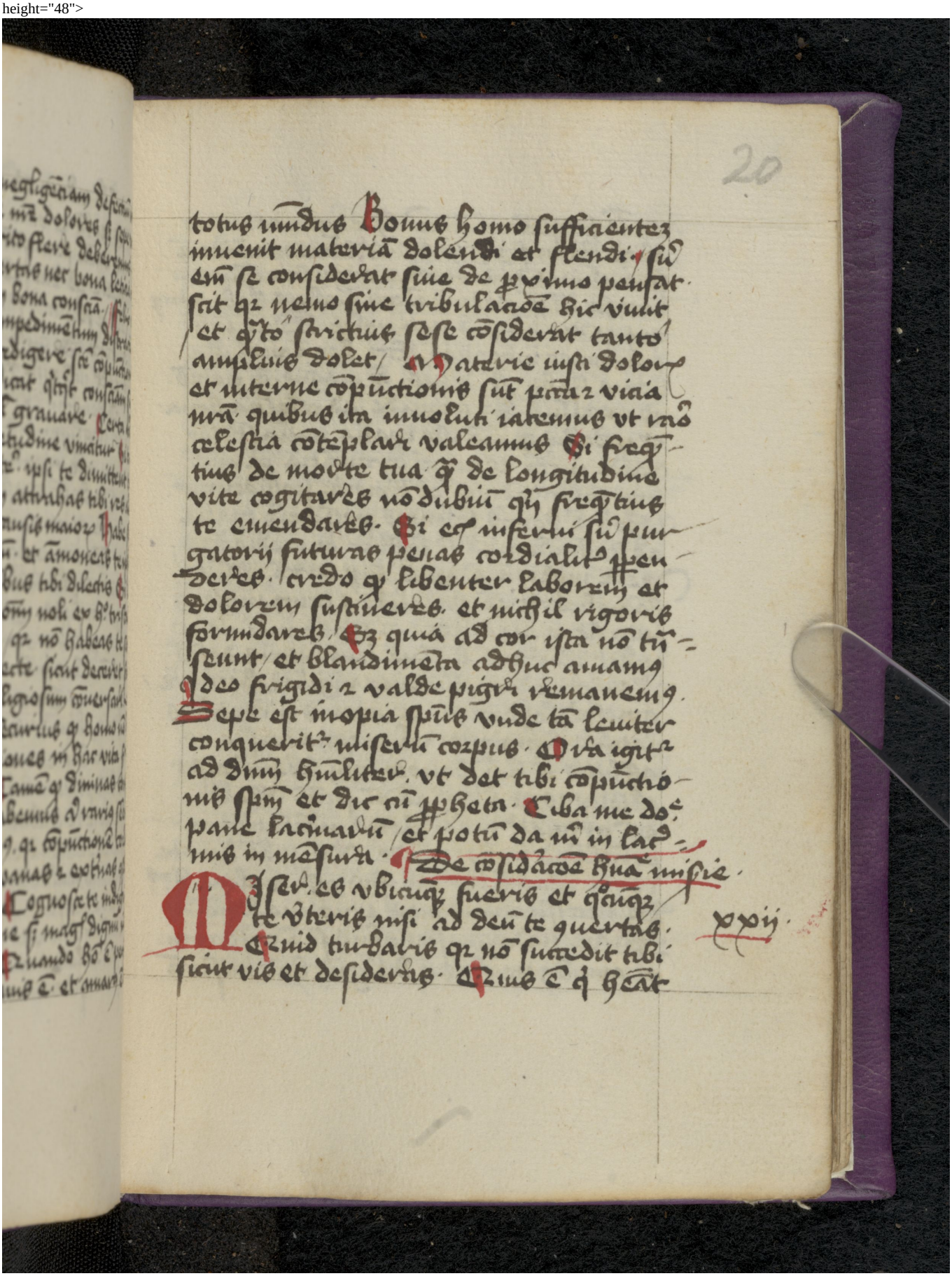

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totus mundus Bonus homo sufficientes
inuenit materiam dolendi et flendi, si
enim se considerat siue de preteritis pensat
scit qz nemo sine tribulacione hic viuit
et qto strictius sese considerat tanto
amplius dolet. Materie iusti dolor
et interne compunctionis sunt penaz viaa
nra quibus ita innoluti iacemus vt nro
celestia contemplari valeamus. Si frequ-
tius de morte tua q̃ de longitudine
vite cogitares no dubium qn frequtius
te emendares. Si eq̃ inferni siu pur-
gatorij futuras penas coidialius pen-
deres. credo q̃ libenter laborem et
dolorem sustineres. et michil vigoris
formidares. Qz quia ad cor ista no tin-
gunt. et blandimenta adhuc amamus
deo frigidi z valde pigri remanemus.
Sepe est inopia spiis vnde ta lenter
conquerit miseru corpus. Qui igitur
ad dnm humiliter. vt det tibi compuncto-
nis spm et dic cum ppheta. Ciba me do
pane lacrimarum. et potu da mihi in lac-
rimis in mensura. De considerac̃one hua miseria.

Miser es vbicunq̃ fueris et quoq̃z
te vteris nisi ad deum te quertas.
Quid turbaris qz no succedit tibi
sicut vis et desideras. Quis es q beat

xxij