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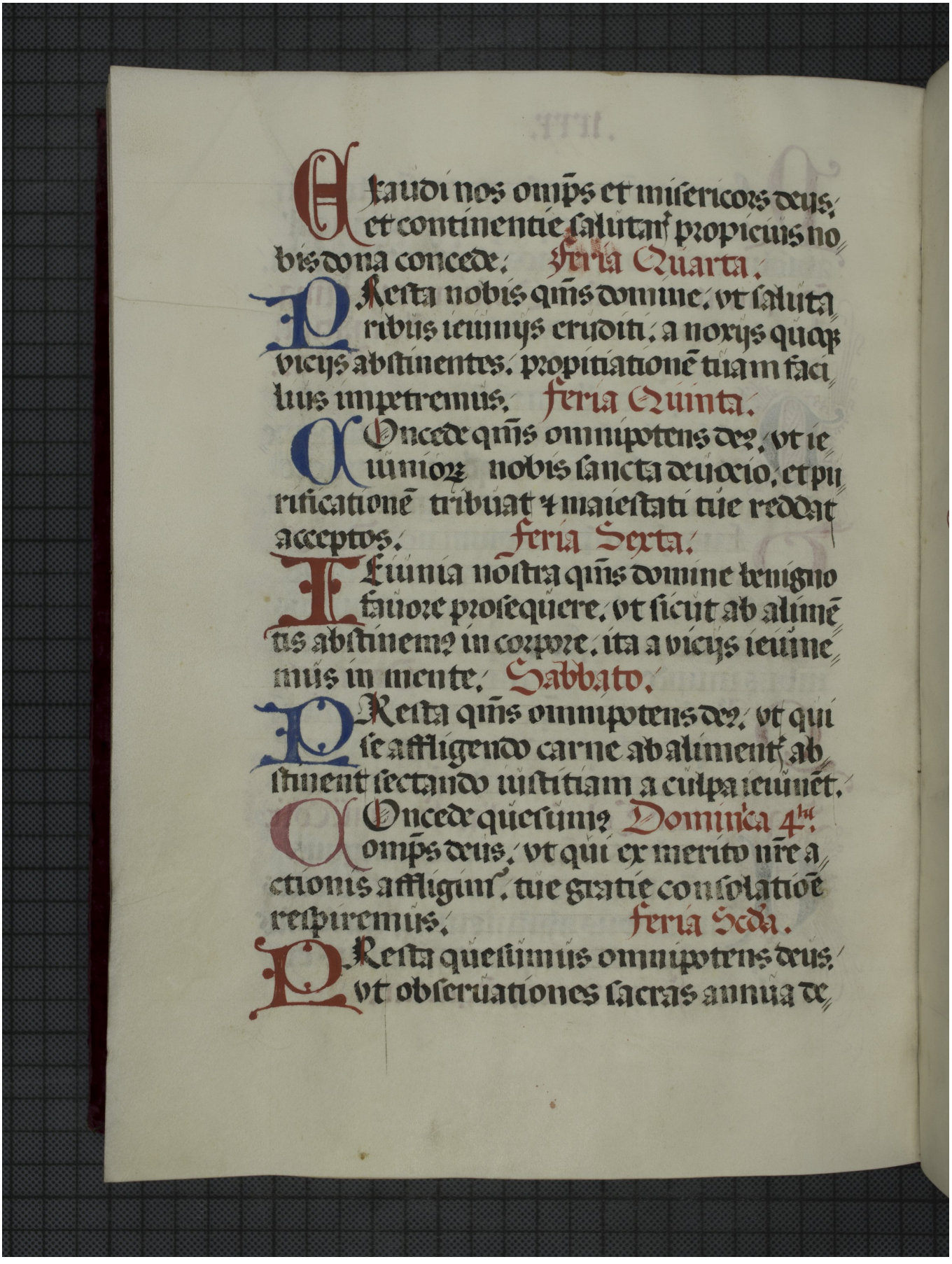

Exaudi nos omp̄s et misericors deus, et continentie salutar̄ propicius nobis dona concede. Feria Quarta.

Presta nobis qm̄s domine, vt salutaribus ieiunijs eruditi, a noxijs quoq; vicijs abstinentes, propitiationē tuam facilius impetremus. Feria Quinta.

Concede qm̄s omnipotens deus, vt ieiuniorꝫ nobis sancta deuocio, et purificationē tribuat ⁊ maiestati tue reddat acceptos. Feria Sexta.

Ieiunia nostra qm̄s domine benigno fauore prosequere, vt sicut ab alimētis abstinemus in corpore, ita a vicijs ieiunemus in mente. Sabbato.

Presta qm̄s omnipotens deus, vt qui se affligendo carne ab alimentis abstinent sectando iustitiam a culpa ieiunēt.

Concede quesumus Dominica 4ta. omp̄s deus, vt qui ex merito nr̄e actionis affligimur, tue gratie consolatiōe respiremus. Feria Scda.

Presta quesumus omnipotens deus, vt obseruationes sacras annua de